



**Reality Martial Arts, Inc.
Waiver and Release from Liability**

Participant,

Please be advised that **MIXED MARTIAL ARTS TRAINING IS AN INHERENTLY DANGEROUS ACTIVITY WHICH INVOLVES SUBSTANTIAL RISK OF SERIOUS BODILY INJURY AND/OR HARM!**

Accordingly, in consideration of being allowed to participate in any martial arts, sports or athletic training and/or instruction offered and/or sponsored by Reality Martial Arts, Inc., and any and all related events and activities, and intending to be legally bound, the undersigned does hereby:

1. Acknowledge and fully understand that each participant will be engaging in activities which involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the action, inaction or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.

2. Assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.

3. Agree that the participant shall inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor of such condition(s) and refuse to participate.

4. Release, waive, discharge and covenant not to sue Reality Martial Arts, Inc., and/or its respective administrators, directors, agents, shareholders, instructors, and/or other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and/or owners and lessors of premises used to conduct the event, all of whom are hereinafter referred to as "releases", from any and all liability to each of the undersigned, his or her heirs and the next of kin for any and all claims, demands, losses or damages on account for injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I/WE HAVE READ THE ABOVE WAIVER AND RELEASE. I/WE UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND I/WE HAVE SIGNED IT VOLUNTARILY IN CONSIDERATION OF BEING ALLOWED TO PARTICIPATE IN ANY AND ALL MARTIAL ARTS, SPORTS OR ATHLETIC TRAINING AND/OR INSTRUCTION OFFERED AND/OR SPONSORED BY REALITY MARTIAL ARTS, INC.

(Signature of participant)

(Signature of minor participant's parent or guardian)